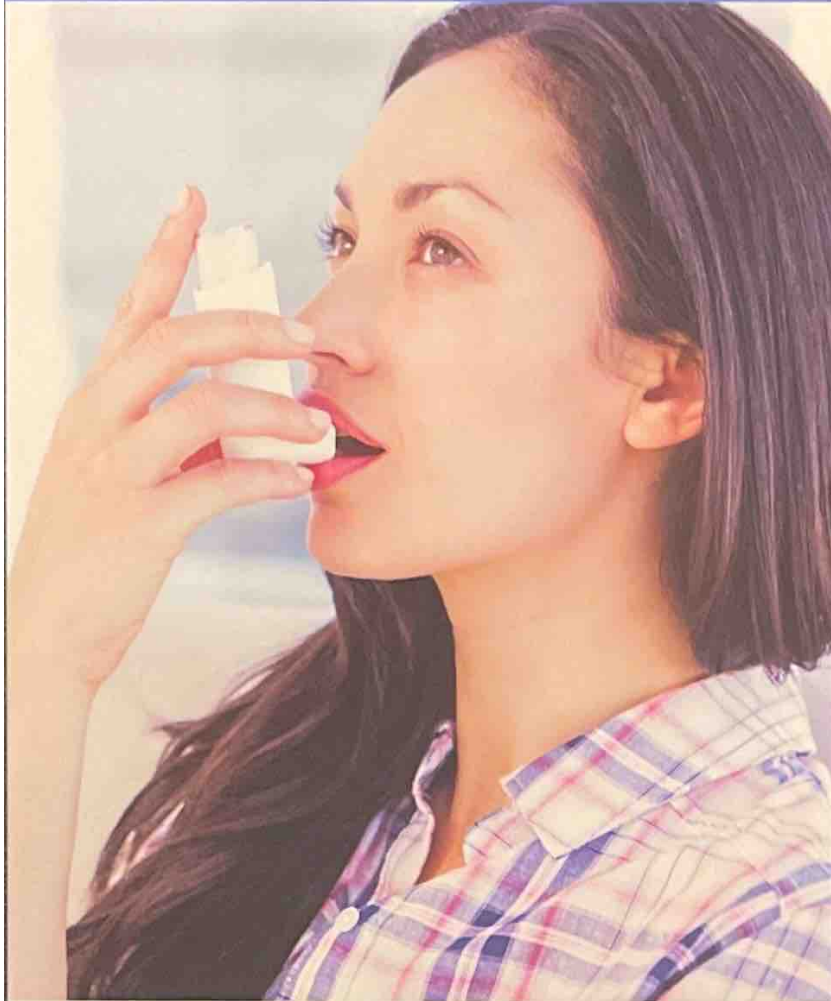


ASTHMA

DRY SALT THERAPY (HALOTHERAPY)



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ASTHMA

DRY SALT THERAPY (HALOTHERAPY)

Asthma is a condition in which your airways narrow and swell to produce extra mucus. This can make breathing more difficult and trigger coughing, wheezing, and shortness of breath. Asthma can't be cured, but its symptoms can be controlled.

HOW DRY SALT THERAPY WORKS:

Dry Salt Therapy consistently demonstrates a dramatic positive effect on asthma symptoms. Over a series of sessions, inhalation of dry salt aerosol will bring about the improvement of mucociliary clearance and the decrease of bronchial inflammation, the decrease or elimination of pathogenic microorganisms, and a reduction of bronchial hyper-responsiveness.

This translates into better lung function, fewer spasmodic attacks, and clearer air passages. Naturally, antibacterial and anti-inflammatory sodium chloride particles are carried into the deepest recesses of the bronchial system due to the unique aerosol dispersal system and the microscopic size of the particles.

In controlled studies, the majority of subjects showed reduced bronchial obstruction, better drain function of the airways, and improved viscosity of bronchial secretions. The number and intensity of asthma attacks were reduced, and respiratory discomfort decreased or disappeared, which allowed most to reduce or even eliminate prescribed medications.

TO LEARN MORE VISIT
SaltTherapyAssociation.org

*While there are many clinical and scientific studies conducted on dry salt therapy (halotherapy) throughout the world, the FDA has not evaluated the statements made on this educational card. Dry salt therapy is not intended to diagnose, treat, cure or prevent any disease. Dry salt therapy is not intended to replace any medications or treatments. Any health issues should be treated by a licensed medical professional and any further questions relating to halotherapy should be directed to your physician.