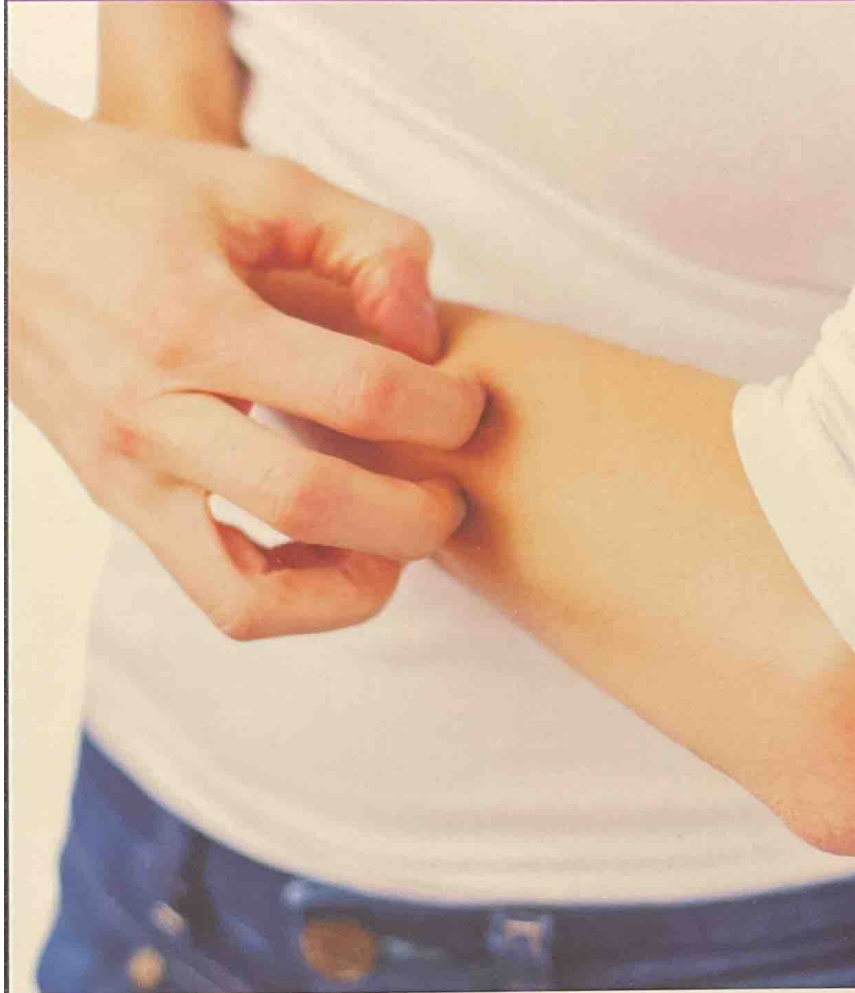


PSORIASIS, ECZEMA & ACNE

**DRY SALT THERAPY
(HALOTHERAPY)**



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PSORIASIS, ECZEMA & ACNE

DRY SALT THERAPY (HALOTHERAPY)

Psoriasis is a common skin condition that changes the life cycle of skin cells. Psoriasis causes cells to build up rapidly on the surface of the skin. The extra skin cells form thick, silvery scales and itchy, dry, red patches that are sometimes painful. Dermatitis, also known as eczema, is a group of diseases that result in inflammation of the skin. These diseases are characterized by itchiness, red skin, and a rash. Acne is a skin disease that occurs when hair follicles are clogged with dead skin cells and oil from the skin.

HOW DRY SALT THERAPY WORKS:

Dry Salt Therapy has been proven to have a multidimensional positive effect on various forms of dermatitis, including acute symptoms of acne, psoriasis, and eczema. Depositing on open skin areas, dry salt particles increase the activity of skin ion channels, stimulating cell growth and regeneration. Dry salt particles balance skin pH and auto flora, as well as reducing harmful bacteria and inflammation. After a series of treatments, study subjects showed decreased itching, decreased or resolved scaling of the skin, and the drying and healing of small fissures, scratches, and exudative symptoms.

Skin and respiratory disease are often coexistent, and dermatitis is associated with other issues of the immune system. The effects of inhaled salt particles on the respiratory tract decrease bacteria and improve bronchial drainage, thus decreasing overall toxicity and reducing the likelihood of future outbreaks. The sterile environment inside the salt room, salt cave, or salt chamber relax and modulate the nervous system, freeing the body from the stresses of external stimuli and initiating healing and rebalancing. Multiple studies in Russia have shown salt therapy to be effective in the relief of dermatitis symptoms, and of potential long-term benefit as part of a total body approach to healing.

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*While there are many clinical and scientific studies conducted on dry salt therapy (halotherapy) throughout the world, the FDA has not evaluated the statements made on this educational card. Dry salt therapy is not intended to diagnose, treat, cure or prevent any disease. Dry salt therapy is not intended to replace any medications or treatments. Any health issues should be treated by a licensed medical professional and any further questions relating to halotherapy should be directed to your physician.